



## From the Farmers Market @ St. Stephen's

**Market Day: Saturday, March 28**

### Market is open for preorder pickup only

#### Important Information:

The farmers market is open, outdoors, with just food vendors again this week. However, to comply with Governor Northam's executive order and instructions from the Virginia Department of Agriculture and Consumer Services, customers will not be able to "shop" as usual at the market. **You must preorder through the vendors before Saturday.** A list of all of this week's vendors and their contact information is below. However, please read these important instructions first:

- There will be one entry and exit point for the market, at the welcome table near the glass doors into the parish house. **All customers must come and go this way, no exceptions.**
- Only ten customers are allowed in the market at a time. Customers who ordered from one or two vendors will be able to pick up their orders themselves. Customers who ordered from three or more vendors will give their names and orders to staff and volunteers, who will pick up the orders while the customers wait outside the market boundaries.
- To further reduce foot traffic and customer wait times, customers should arrive during the following times:
  - Those with **last names A-G, arrive 9-10 a.m.**
  - **Last names H-P, 10-11 a.m.**
  - **Last names Q-Z, 11 a.m.-12 p.m.**
- Whenever possible, please prepay with vendors online. We don't want to deal with this too much at the market.
- NO pets at the market
- If possible, send one person per household for pickup.
- The market is open for customers to pick up vital groceries. **Sadly, we must ask you not to linger.** When this is over and we can gather as usual again, we will celebrate!



**Thank you to all who have donated to the St. Stephen's food pantry in recent weeks.**

#### Volunteers make our market happen

We always need volunteers! Read about market shifts and duties, and [sign up here](#).

#### Blessing of the Week

Give us grateful hearts, our Father, for all your mercies, and make us mindful of the needs of others, through Jesus Christ our Lord. Amen.

--Grace at meals from *The Book of Common Prayer*, p. 835

#### Contact Us

[Market Manager](#)

[Vendor inquiries](#)

[Applications](#)

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The following vendors are accepting preorders and will be at the market this week:

**22 Oaks Garden** (Jim and Daphne) will have the following items for preorder:

**\*\*all greens triple washed in their kitchen\*\***

Chef Jim's Salad (blend of 4 lettuces and herbs) \$5.00

Arugula \$4.00

Kale (stems removed) \$4.00

New Zealand Spinach \$4.00

Herb Packs \$3 each: Basil, Cilantro, Chives, Lemon Balm,

Rosemary, Oregano, Garlic Chives

Garlic Bulb \$1

Salsa 8-ounce Jar \$5.00

Gluten Free Vegan Cookies \$4.00 a package

(Chocolate Chip or Ginger Almond)

[Email orders here](#) or text only orders to 804.690.3238.

**Agriberry Farm's** order form for apples, jams, apple sauce, apple butter, and oat bars [is here](#). You can also call Agriberry at 804.537.0533 or [email them here](#).

**Artann's** will have pita bread and three hummus flavors:

Avocado Lime Cilantro, Sundried Tomato Basil, and

Lemon Dill. [Go to their website](#) to check the menu list

and place order. You can also call or text 703.606.3946 [or](#)

[email here](#). Please prepay if possible.

View **Black Boar Farm's** [order form here](#), then [email Lois](#) or call her at 202.387.5462 to place your order.

Check in with **Cakes by Jen** [by email](#) to see if she has cakes left for order.

John at **Curds and Whey RVA** will have the following:

fresh mozzarella, marinara sauce, Staten Island potato

salad, macaroni salad, and spoonbread, along with the

following entrees:

Eggplant parmigiana

Lasagna

Baked Ziti

Meatballs

Roasted Peppers

Heros:

Ham and Swiss on a kaiser roll

Breaded chicken cutlet on kaiser roll with stuffing and

cranberry sauce

Desserts:

Rice Pudding

Chocolate mousse

Tiramisu

Text John at 804.347.0282 to order. If you are unable to

come to the market, John will deliver to your doorstep.

Free delivery with forty dollar purchase.

**Deer Run Farm** will be at the market, but cannot take new

customers due to high demand. Robert will send out

orders through his usual email system to current

customers.

Customers of **Great Harvest Bread** can order [on their website here](#). You may also view an order form [here](#).

**Liberty Tree Farm** looks forward to distributing preorders

at the market on Saturday. Unfortunately, they cannot take

any more orders for this week at this time.

**ShireFolk Farm:** please [email Logan](#) for orders.

**SouperChefG** will offer the following soups this week:

New England Clam Chowder \$10 a pint, \$18 a quart

Hearty Beef Vegetable (GF) \$10 a pint, \$18 a quart

Potato and Leek Soup (V) (GF) \$8 a pint, \$15 a quart

Frozen Mushroom and Brie on SALE! \$6 a pint, \$10 a

quart. [Email Adam here to order](#).

**Snyder Family Farm** will have beef steaks, ground, roast,

sausages, bones, etc.; and pork chops, roast, bulk and

link sausages, breakfast patties, etc. and of course please

don't forget eggs! The easiest way is to order and pay

online [www.snyderfamilyfarmva.com](#)

For **Talbert Farms** mushrooms, [email Eli here](#).

**Truly Scrumptious** is working hard to help you stock your

freezer with healthy, locally made, small batch frozen

entrees and soups. You can [view their menu here](#), then

order and prepay [on their website here](#). Should you have

any difficulties at all, please contact Mela at 804.677.0727,

[or by email](#).

You can order **Unkol Chuck's Brunswick Stew** [from his website](#) or by calling 434.532.6658.

**Wandering Cow Farm** is taking preorders. [Visit their website](#), order by [email here](#), or text or call

804.564.7080. Product list:

5 bars of soap for \$20.

1 bar for \$4.50

2 for \$9.00

3 for \$13.50

3 soap ends assorted \$5.00

Felted soap \$5.00 each

Hand sanitizer \$5.00/ 4oz

Liquid pumice hand wash 16oz -\$14.00

Laundry detergent \$10.00

Small lotion \$4.00

Medium lotion \$6.00

Large lotion \$12.00

### Recipe of the Week

#### Greens Frittata with Mozzarella and Prosciutto

[Serves 8](#) | [Printer-friendly copy](#)

#### Ingredients

5 to 6 ounces arugula, spinach or chard, stemmed and sliced into 1/2-inch ribbons\*

2 small garlic cloves, minced\*

Salt and pepper

Olive oil

8 large organic eggs\*\*

Pinch of red pepper flakes

2 tablespoons grated parmigiano

¼ pound fresh mozzarella, thinly sliced\*\*\*

3 or 4 slices prosciutto, sliced ham, or cooked bacon\*\*\*\*

**\*\*Available from such vendors as Broadfork Farm, Byrd Farm, Crumplown Farm, and Liberty Tree Farm**

**\*\*Available from such vendors as Black Boar Farm, Byrd Farm, Deer Run Farm, and Snyder Family Farm**

**\*\*\*Available from Curds and Whey RVA**

**\*\*\*\*Available from such vendors as Black Boar Farm, Deer Run Farm, ShireFolk Farm, and Snyder Family Farm**

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