



# Farm Market Fresh

Senior & WIC Farmers' Market Nutrition Program (S/FMNP)

## S/FMNP

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## FAQs

### Frequently Asked Questions for Farmers' Market Managers

#### What Foods are NOT Eligible?

- Edible Flowers
- Honey
- Preserved products such as jam, jelly, apple butter, apple cider, juice, pickles and relishes
- Nuts such as peanuts, walnuts, pecans and products made from nuts
- Citrus fruits such as oranges, lemons, limes, grapefruit or tangerines
- Tropical fruits such as bananas, pineapple and mangoes
- Animal products such as meats, poultry, eggs, cheeses, milk, ice cream and dairy products
- Baked goods such as bread, cakes, pies and cookies
- Plants such as flowers, bedding plants and potted herbs
- Produce purchased from other retailers for resale
- Dried herbs or teas
- Produce not grown in Virginia

#### What Foods are Eligible?

- Vegetables such as beans, broccoli, cabbage, cucumbers, eggplant, greens, lettuce, peppers, potatoes, sweet potatoes, edible pumpkins, root vegetables, squash, sweet corn, tomatoes and mushrooms
- Fruit. such as apples, berries, melons, nectarines, peaches and pears
- Cut herbs such as basil, dill, parsley, oregano, rosemary, sage and thyme

Can S/FMNP vendors also accept WIC?

YES.

Can S/FMNP vendors deposit a check via mobile deposit?

YES.

What is the last date for vendors to deposit their checks?

November 30, 2023. Any checks received after Nov 30 are returned unpaid.

