

# **MID-ATLANTIC FARMERS MARKET CONFERENCE**

# Passport to Success

November 13-15, 2024 · Richmond, VA

Brought to you by
Virginia State University Cooperative Extension
and the Virginia Farmers Market Association



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# Thank You TO OUR EXHIBITORS

















































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# Wednesday, November 13 | Pre-Conference Workshops

# 10:00 am to 2:00 pm - First Aid, CPR and AED Certification

The First Aid/CPR/AED course incorporates the latest science and teaches students how to respond to emergencies. Students who successfully complete this course will receive a certificate valid for two years.

# 9:00 am to 5:00 pm - ServSafe Food Protection Manager Certification

The ServSafe Food Protection Manager Certification is a nationally accredited certification developed by the National Restaurant Association. It is widely recognized and accepted by health departments nationwide.

# 4:00 pm - 8:00 pm - Early Registration

#### **DINNER ON YOUR OWN**



# Thursday, November 14 | General Conference Day 1

# 6:00 am - Conference Registration

# 8:00 am - 9:00 am | Welcome! Introductions and Session Review

Joseph W. Guthrie, VDACS Commissioner

- **Dr. Robert N. Corley III,** Dean and 1890 Extension Administrator of the College of Agriculture at Virginia State University
- **Dr. Janine Parker Woods,** Associate Administrator, Virginia State University Cooperative Extension
- **Dr. M. Omar Faison,** Associate Vice President for Research and Director of Sponsored Programs VSU and VAFMA Board President
- **Dr. Theresa Nartea,** Associate Professor State Program Leader (Food) Integrated Marketing Program Director, Extension Specialist, Virginia State University Cooperative Extension

# 9:00 am - 4:00 pm

Farmers Market Food Safety Tents: Hands on practice for identifying food safety issues SNAP EBT Farmer's Market Sign-Up: Get authorized to accept SNAP at your market!

# 9:10 am - 10:05 am | I. Food Access Programs for Market Success

**Elizabeth Borst,** *Virginia Fresh Match* 

**Amy Crone**, Market Link

Claudia Jackson, Virginia Department of Social Services

Meredith Ledlie Johnson, Virginia Family Nutrition Program

Bill Jenkins, USDA Food and Nutrition Service

**Matthew Wasikiewicz,** Farm Market Fresh



# 10:25 am - 11:20 am | II. Concurrent Break-Out Sessions

# **Small Business Accounting Basics**

Samantha Day, Tatum Accounting

# "DIY" Al: Harnessing Artificial Intelligence Without Losing Your Personal Touch

**Emilie Davis,** Magic Mirror Marketing

# **Aligning Market Leadership Values with Community Partnerships**

Sagdrina Brown Jalal, SageD Collective

# **Understanding the Farmers Market Promotion Program (FMPP) Grant Opportunity**

Kim Hutchinson, Executive Director, VAFMA LaTasha Thomas, USDA AMS

# 11:30 am – 12:25 pm | III. Concurrent Break-Out Sessions

# **Growing Community: Tips and Tools for Growing Your Community Market With Placemaking**

**Rebecca Adcock,** *Patrick County Chamber of Commerce* **Sarah Wray,** *Reynolds Homestead* 

# Modernization of Farm Market Fresh and Farmers Market Nutrition Programs

**Sara Servin,** Farmers Market Nutrition Program Coordinator, Maryland Department of Agriculture

Matthew Wasikiewicz, Farm Market Fresh Coordinator – Virginia

# **Standard Operating Procedures for Success**

**Sheila Rhodes,** Owner, Small Batch Kitchen & PROVISIONal COO

# **Navigating the Regulatory Requirements of Selling From Small Farm Production**

Paul Boulden Jr., Studley Farms

# 12:35 pm - 1:40 pm | Lunch

The MARC Group

**Sommer Alsaydali,** *Vendor Acquisition and Partnership Development* **Alex Balabanowicz,** *Senior Consultant* 

The Virginia Department of Agriculture and Consumer Services (VDACS)
Virginia State Office of Rural Health

# 1:50 pm - 2:50 pm | IV. Concurrent Break-Out Sessions

#### Going for the Gold: Market Manager Q and A

**Karen Grisevich, Wes Surina & Sean Boyer,** *GrowRVA, RVA Big Market & South of the James Market* 

Sabrina Dooley, Market Manager, Smithfield Farmers Market

**Melissa Nelson,** *Market Manager, Downtown South Boston Farmers Market* 

**Tisha Sawyer,** former Market Manager, Hopewell Farmers Market

# **Unlocking Food Security Through Farmers & Markets: A Data-Driven Exploration**

**Beth Austin,** *Virginia Community Food Connections* 

Elizabeth Borst, Virginia Fresh Match

**Alistar Harris,** Shalom Farms

Sam Hedges, Virginia Fresh Match

Connie Kenny, LEAP

# From Stalls to Stability: The Truth Behind the Grind Q&A Session With a Panel of Entrepreneurs

**Krystal Barnes**, Pawfect Sweets

Amy Lu, Crunch On Snacks

**Kyle Morse,** The Mayor

**Dre Sandoval,** Hunger Shop

Kelly Shepherd, What The Farm

**Brad Webber,** Top Knot Artisan Bakery

**Stephanie Wein,** Pinup Coffee

# The Possibility of Plastic Free Farmers Markets: A Discussion On How, Or If, We Get There

Jennifer Cole, Clean Fairfax

**Elizabeth Moore,** Fairfax County Park Authority

Mary West, Mt. Olympus Berry Farm



# 3:00 pm - 4:00 pm | V. Concurrent Break-Out Sessions

# The Key to Powerful Marketing

**Emilie Davis,** Magic Mirror Marketing

# **Avoiding Common Legal Pitfalls for Farmers Markets**

**Wendy Chen,** Center for Agriculture and Food Systems at Vermont Law and Graduate School

#### **Food is Medicine**

Maureen McNamara Best, LEAP

**Meaghan Butler RD, CDCES,** Health Equity Director, VA Federation of Food Banks

Dr. Meagan L. Graga, The Kellyn Foundation

**Dr. Cliff Morris**, Morris Cardiovascular and Risk Reduction Center

**Eric J. Ruth,** The Kellyn Foundation

# **Encouraging the Healthy Choice: How SNAP-Ed Supports Farmers and Farmers Markets** in the Mid-Atlantic Region

**Carmen Angel,** Washington DC Health Department

Meredith Ledlie Johnson, Virginia Family Nutrition Program

**Dr. Amanda Gomes,** USDA Food and Nutrition Service

Kristin McCartney, West Virginia SNAP-Ed

**Jocelyn Tidwell,** Maryland SNAP-Ed

#### 4:30 pm - 5:30 pm - Reception

Mingle with tradeshow exhibitors and fellow attendees at our networking social with appetizers and a cash bar.

# 6:00 pm - 10:00 pm | Dinner

# Transforming Food Systems From the Ground Up



# Friday, November 15 | General Conference Day 2

8:30 am - 9:45 am | Welcome & Keynote

**Welcome: Dr. Janine Parker Woods,** Associate Administrator, Virginia State Cooperative Extension

**Speaker Introduction: Kim Hutchinson,** *Executive Director, VAFMA* 

**Keynote | Truth & Dare: Speak Up For Farmers Markets** 

**Catt Fields White,** Founder and Lead Consultant of Farmers Market Pros

10:00 am - 12:00 pm | Ongoing

**Farmers Market Food Safety Tents:** Hands on practice for identifying food safety issues **SNAP EBT Farmer's Market Sign-Up:** Get authorized to accept SNAP at your market!

10:05 am - 11:05 am - VII. Concurrent Break-Out Sessions

**Managing Common Legal Risks for Farmers Markets** 

**Wendy Chen,** Center for Agriculture and Food Systems at Vermont Law and Graduate School

**Conflict Resolution and Leadership Styles in Farmers Market Management** 

Sagdrina Brown Jalal, SageD Collective

The Big Bite - Vendor Marketing Essentials
Barb Lamb, Big Spoon Co.

**Cultivating Cooperation — Using Vendor Visits as a Tool for Market Managers** 

**Isaac Campbell,** Salem Farmers Market



# 11:10 am - 12:05 pm | VIII. Concurrent Break-Out Sessions

# **Federal Grants and Getting True Costs Back**

Ben Feldman and Debbie Beyea, Co-Founders, Indirect Rates Consulting

# **Survey Says ... Using Survey Data to Make Decisions**

**Dr. Omar Faison,** *Virginia State University* 

Phil Easley, Mary Jo's Flowers

**Deborah Edwards,** Director, Blacksburg Farmers Market

**Tracy Frey**, Market Manager, Williamsburg Farmers Market

**Brian Moyer,** Extension Program Specialist with Penn State Extension

# Bridging the Language Gap: Ensuring Equitable Access to SNAP Matching Programs at Farmers Markets

Ahoo Salem, Blue Ridge Literacy

# From Field to Fan: Turn Your Passion into Powerful Marketing Tools

**Kathryn Tuttle,** Founder, KT Advisors

# 12:10 pm - 1:45 pm | Lunch

Certified Market System
Farmers Market University

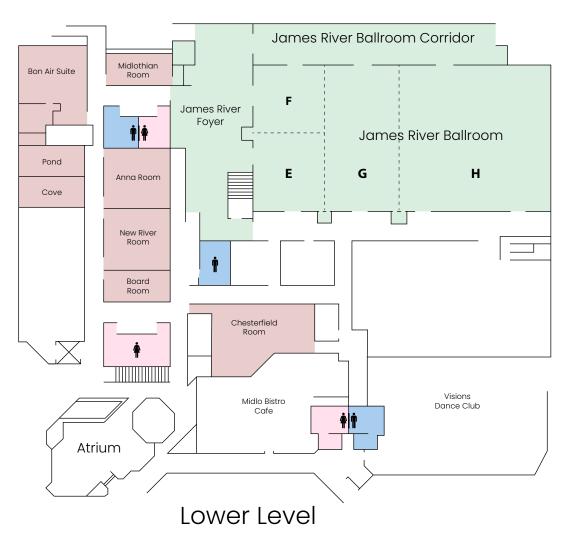
Wrap and Close

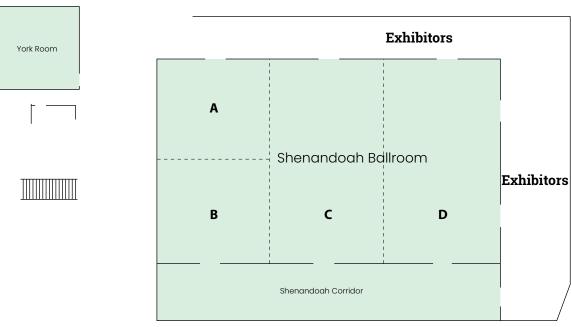
**Dr. Janine Parker Woods,** Associate Administrator, Virginia State University Cooperative Extension

Meredith Ledlie Johnson, Virginia Family Nutrition Program

2:00 pm - 5:00 pm - Networking and Regional Meetings

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Upper Level